

JANUARY

International Year of LIGHT

International Quality of Life Month

Celebrate Life Week 1-7

National Lose Weight/Feel Great Week 4-11


National Obesity Awareness Week 12-18

Sugar Awareness Week 18-23

No Name Calling Week 19-23



Ohio Leave No Child Inside Collaborative advocates that every child deserves the right to spend one hour each day in the outdoors to receive all the benefits inherent in nature through unstructured exploration: **Happier! Healthier! Smarter!** www.ohiolnci.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Years Day	2	3
4 Full Wolf Moon 11:53 pm	5 National Bird Day	6	7	8	9 National Cut Energy Costs Day	10 United Nations Day
11 Cigarettes Are Hazardous To Your Health Day	12	13	14	15	16	17 Bald Eagle.. Kid Inventor's Day
18 ..Appreciation Days	19 Lunar New Year Martin Luther King, Jr. Day	20	21	22 Celebrate Life Day	23	24
25	26	27	28	29	30 National Pre School Fitness Day	31 National Seed Swap Day Inspire Your Heart Art Day

FEBRUARY

*International Year of **LIGHT***

American Heart Month

National Parent Recognition Week 1-7 National Green Week 2-6

Risk Awareness Week 7-11

International Coaching Week 6-12

National Next Box Week 14-18



The Time To Act Is Now! Less time spent in NATURE...has been proven to correlate with increased negative effects to overall well-being of our youth. “Obesity is a nation-wide epidemic!” Children suffer long-term developmental and social consequences. Time spent in the GREAT OUTDOORS: provides positive outdoor experiences, results in better school performance, develops social skills, increases positive self-image, and leads to a more full filled life.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Groundhog Day	3 Full Snow Moon 6:09 pm	4	5 National Weather	6 Give Kids a Smile Day	7
8 Boy Scout Anniversary Day	9 National Stop Bullying Day	10	11	12	13 Read To Your Child Day Great... ..Backyard Valentines Day	14
15 ...Bird	16 ...Count President's Day	17	18	19	20 Love Your Pet Day	21
22 Walk the Dog Day	23	24	25	25	26	28

MARCH

*International Year of **LIGHT***

National Nutrition Month

Severe Weather Preparedness Week 1-7

Wellderly Week 16-22

National Agriculture Week 8-13

National Poison Awareness Week 15-21



Children's Outdoor Bill of Rights proclaimed by Gov. Strickland & Kasich, with first ladies, Hope Taft & Frances Strickland state future citizens/leaders of OHIO - uniquely rich in natural resources - believe Ohio's children are entitled: to be physically **ACTIVE** & **PLAY** outside every day; have access to **SAFE/GREEN** spaces; **CONNECT** with nature & have time to **EXPLORE**; **DISCOVER** **WONDERS** of plants/animals & use **SENSES**; explore **OHIO'S DIVERSITY** of natural habitats; understand **PATTERNS & CYCLES** of nature; **EXPERIENCE** joys of **WATER** - splash, play & swim in safe/clean lakes/streams; be **IMMERSED** in nature & camp **OVER-NIGHT**; and learn to **GIVE BACK** to nature...

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Read Across America	3	4	5 Girl Scout Birthday Full Worm Moon 1:05 pm	6 National Days of Unplugging	7
8 Genealogy Day Daylight Savings Time Begins	9	10	11	12	13	14
15 Buzzards Day	16	17	18	19	20 Spring Begins	21
22 World Water Day	23	24	2 Absolutely Incredible Kid Day	26	27	28
29 As Young As You Feel Day	30 Doctor's Day Take a Walk in the	31 Park Day				

APRIL

International Year of *LIGHT* *Keep America Beautiful Month*

Medication Safety Week 1 -7



National Environmental Educational Week 19-25

National Park Week 19-27

National Playground Safety Week 20-24

Let's G.O.! (Get Outside) is a youth-inspired, youth led Children & Nature initiative rallies Children of **ALL** Ages to **Play! Serve! and Celebrate!** We encourage intergenerational groups to get outside, be active, have fun and connect with nature. Families, teachers, students, mentors, grandparents and grand friends - especially children and youth - are invited to participate. Learn more: www.childrenandnature.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Play Serve Celebrate		April Fools Day	1	2 International Children's Book Day	3 Find a Rainbow Day National Walk to Work Day Good Friday	4 Full Pink Moon 8:05 am Passover
5 Easter	6	7 World Heath Day	8	9	10	11
12	13	14	15 Bicycle Day	16	17 National...Global...Youth	18
20 ...Service...Days	21	22	23 Take Your Sons/Daughters To Work Day Earth Day	24	25 Astronomy Day	26 Go Birding Day
27 Holocaust Remembered Day	28 National Take Back Prescription Drug Day	29	30			

MAY

International Year of **LIGHT**

American Wetlands & National Preservation Month

National Family Week 3-9 National Transportation Week 10-16

National Bike to Work Week 11-15 Mental Health Week 12-18

National Safe Boating Week 16-22

National Backyard Games Week 18-25



Who We Are. . . Ohio Leave No Child Inside Collaborative is a state-wide grassroots movement of 100s of organizations striving to “reconnect Ohio’s children with nature...to help insure that Ohio’s children will grow up with an appreciation for the outdoors.” You, too, can join in our efforts to raise awareness of ‘Nature Deficit Disorder.’..Find out more about us: www.ohiolnci.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
International Migratory Day Mother's Day	11	12	13	14 Bike to Work Day	15 Endangered Species Day	16 Love a Tree Day
17 Armed Forces Day	18	19	20	21	22 International Day of Biodiversity	23
24 31	25 Memorial Day	26	27 National Senior Health & Fitness Day	28 Sierra Club Day	29	30

JUNE

International Year of LIGHT

Great Outdoors & National Camping Month


National Sun Safety Week 5-11

National Flag Week 14-20

Universal Father's Week 19-25



Summer Solstice in N hemisphere on June 21 is longest duration of daylight and most direct sunshine...making this an appropriate time to learn more about the **International Year of LIGHT** which will focus on the topic of light science and its applications. The United Nations has recognized the importance of raising global awareness of how light-based technologies promote sustainable development & provide solutions to global challenges in energy, education, agriculture and health. To find out more, go to www.light2015.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Full Strawberry Moon 12:11 pm	3	4	5 World Environment Day	6
7 National Trails Day	8 Ride the Wind Day	9	10	11	12	13
14 Flag Day	15 Family History Day	16 Nature Photography Day	17 Celebration of Senses Day	18 Eat Your Vegetables Day	19 International Picnic Day	20
21 Father's Day Family Awareness Day Summer Begins Summer Solstice	22	23	24	25	26	27 Sun Glasses Day
28	29 America Kids Day	30 Meteor Day			Great American Backyard Campout Day	

JULY

International Year of LIGHT

National Parks & Recreation Month

Freedom Week 4-10

Zookeepers' Week 19-25

Dog Days of Summer July/August



Did you know? The ‘return to the out-of-doors’ exploded with Richard Louv’s eye-opening book, [Last Child in the Woods](#). The outcry was long over-due; many advocated a ‘[return to nature](#)’ for “outdoor play is good for children, there are positive benefits to unstructured outdoor play.” Rachael Carson adds. “Spending time in nature also leads to the development of **a sense of wonder** in children, inspiring curiosity and environmental stewardship later in life.” The ‘[care-free days of play](#)’ came to the fore-front from a few generations before.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Full Buck Moon 10:20 pm	2 Made in the USA Day	3 Stay Out of Sun Day	4 Independence Day
5	7 Father – Daughter Take a Walk Day	8	9 Teddy Bear’s Picnic Day	10 World Population Day	11	
13	14 National Ice Cream Day	15	16	17	18	19
20 Moon Day	21 Global Hug Your Child Day	22	23	24	25	26 Parent’s Day
27	28	29	30	31 Trail Mix Day		

AUGUST

International Year of LIGHT

Pedestrian Safety Month

Exercise With Your Child & National Farmers' Market Weeks 2-8
National Safety at Home Week 23-29

WHO ARE WE? Ohio Leave No Child Inside Collaborative LNCI

Since 2006 five regional groups formed starting with first ever in the USA with LNCI Greater Cincinnati, followed by Columbus's Central Ohio Collaborative, NW Ohio LNCI (Sylvania), North East LNCI (Akron) & Dayton Maumee Valley Collaborative. The Wilds area in SE Ohio is growing; individuals & others continue to join NW LNCI hosted a 5 year union showing-casing Sylvania in September and in November, Dayton's Doug Horvath took the lead to grow our numbers. FYI doug.horvath@metroparks.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						¹ Respect for Parents Day
² Friendship Day	³ Watermelon Day <small>Full Sturgeon Month 10:03 pm</small>	⁴	⁵	⁶	⁷	⁸
⁹	¹⁰ S'Mores Day	¹¹	¹² International Youth Day	¹³	¹⁴	¹⁵ World Honey Bee Day
¹⁶	¹⁷	¹⁸ International Coaching Day	¹⁹	²⁰	²¹ Senior Citizens Day	²²
²³	²⁴ 31 Overdose Awareness Day	²⁵ National Park Service Day	²⁶ Women's Equality Day	²⁷	²⁸ More Herbs Less Salt Day	²⁹ Individual Rights Day Less Salt Day International...
³⁰ ...Bat Day						

SEPTEMBER

International Year of **LIGHT**

Diversity & Cooperation Awareness Month

National Nutrition Week 1-7

National Injury Prevention Week 1-7



Did you know? Children ages 8-18 spend about **7 hours** a day watching TV, playing video games & using computers. Obesity's **quadrupled** over 25 years in boys & girls. Children with ADHD concentrate **better** after contact in **nature**. Playing regularly in **natural environments** show more advanced motor fitness, including coordination, balance and agility, are **healthier** over-all and report being sick less often.

	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 Read a Book Day	7 Labor Day	8	9	10	11	12
13 National Grandparents Day	14	15	16 National Collect Rocks Day	17	18	19
20 International Day of Peace	21	22 Yom Kippur Autumn	23	24 OHIO LEAVE NO CHILD INSIDE DAY	25 Native American Day	26 National Public Lands Day Family Health & Fitness Day Johnny Appleseed Day
27 Family Day & A Day To Dine With Your Kids	28	29	30			

OCTOBER

*International Year of **LIGHT*** *Diversity & Cooperation Awareness Month*

Fire Prevention Week 4-10
National School Lunch Week 12-16
National Chemistry Week 18-24



How can I, as a parent, help connect my children and nature?

Take your child outside **every day** to play/explore. Set an example and commit to unplugging daily. Create outdoor learning environments. Add more natural play spaces. Prescribe outside time in nature for your patients. Invent a new local nature program. Support a child's opportunity to attend an overnight nature camp. Create/support legislation to insure that all children have safe access to natural spaces.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 World Farm Animal Day	3 World Animal Day
4 Fall Astronomy Day World Vegetable Day Full Hunter Moon 5:06 pm	5 World Habitat Day	6 Child Health Day	7	8	9 Fire Prevention Day	10
11	12 Columbus Day	13	14	15 White Cane Safety Day	16	17 Sweetest Day
18	19	20	21	22	23	24 Make a Difference Day United Nations Day
25	26	27	28 Halloween	29	30	31

NOVEMBER

International Year of LIGHT

Family Stories/Military Family Appreciation Month

Give Wildlife A Brake! Week 2-6

National Family Week 22-28

National Game and Puzzle Week 22-28



Nurturing Nature “Nature needs kids and kids need nature.” These inspiring words written by Jenny Morgan, co-founder of the Columbus LNCI along with Alice Hoyle set the **underlying passion** of Leave No Child Inside’s theme. Many an event/program/memory has grown out of this movement to ‘**return to nature**’. Our Sylvania community has been proclaimed by Mayor Stough a **LNCI City** acknowledging the **Ohio Children’s Outdoor Bill of Rights**. And, in NW Ohio LNCI, 5 energetic ladies developed a pre-school, **Nurturing Nature**, which has been entertaining/engaging/amazing parent ’n child now for 7 years. Thanks to: Librarian Mary Leugers, Toledo Puppet Lady Joyce Davis, ECO Discovery! Maureen Schell, Linda Penn Lourdes Life Lab, & me. You can find us presently scheduled for 2015 at 577 Foundation, Perrysburg, OH, sharing our love of nature & children...www.577foundation.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Daylight Savings Time Ends	2	3 Full Beaver Moon 7:24 am Election Day	4	5	6 Marooned Without a Compass	7
8 America Recycles	9	10	11 Veterans Day	12	13 World Kindness Day	14
15 Day Great American Smoke Out Day World Diabetes Day	16	17 Take a Hike Day	18	19	20	21 National Day of Play
22 29	23 30 	24	25	26 Thanksgiving Day	27	28

DECEMBER

International Year of LIGHT

Universal Human Rights Month

National Hand Washing Awareness Week 5-11

Christmas Bird Count Week 14-1/5


Human Rights Week 10-17

Once you discover this calendar that promotes the **Out-of-Doors:**
Nature, Health, Family & Children, please share it with others...

If you have questions, would like to know more about **Leave No**

Child Inside or would like to speak with me, Sandra Gratop, creator, & co-founder of **NW** contact me: sgratop@live.com



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Special Education Day	3	4	5
6 Hanukkah Begins	7 Full Cold Moon 2:40 am Pearl Harbor	8	9	10 Human Rights Day	11	12
13 Worldwide Candle Lighting Day	14 Hanukkah Ends	15 Bill of Rights Day	16 Winter Begins	17	18	19 Look for an Evergreen Day
20	21	22	23	24	25 Christmas	26 Kwanzaa
27	28	29	30	31 Universal Hour of Peace Day New Years Eve 11"30 pm to 12"30 am	1/1/2016	