

# JANUARY

## *International Year of LIGHT*

### *International Quality of Life Month*

*Celebrate Life Week 1-7*


*National Lose Weight/Feel Great Week 4-11*

*Sugar Awareness Week 18-23*

*No Name Calling Week 19-23*



Ohio Leave No Child Inside advocates that every child deserves the right to spend one hour each day in the outdoors to receive all the benefits inherent in nature through unstructured exploration: Happier! Healthier! Smarter!

| Sun   | Mon                               | Tue | Wed | Thu                      | Fri                                   | Sat   |
|---|-----------------------------------|-----|-----|--------------------------|---------------------------------------|---|
|  |                                   |     |     | 1<br>New Years Day       | 2                                     | 3   |
| 4<br>Full Wolf Moon<br>11:53 pm   | 5<br>National Bird Day            | 6   | 7   | 8                        | 9 National Cut Energy Costs Day       | 10<br>United Nations Day                                |
| 11<br>12 Cigarettes Hazardous Health Day  | 12                                | 13  | 14  | 15                       | 16                                    | 17 Bald Eagle..<br><br>Kid Inventor's Day               |
| 18<br>..Appreciation Days   | 19<br>Martin Luther King, Jr. Day | 20  | 21  | 22<br>Celebrate Life Day | 23                                    | 24  |
| 25  | 26                                | 27  | 28  | 29                       | 30<br>National Pre School Fitness Day | 31 National Seed Swap Day<br>Inspire Your Heart Art Day |

# FEBRUARY

## *International Year of LIGHT*

*American Heart Month*

*National Green Week 2-6*

*Risk Awareness Week 7-11*

*National Next Box Week 14-21*



*The Time To Act Is Now!* Less time spent in NATURE...has been proven to correlate with increased negative effects to overall well-being of our youth. **“Obesity is a nation-wide epidemic!”** Children suffer long-term developmental and social consequences. Time spent in the GREAT OUTDOORS: provides positive outdoor experiences, results in better school performances, develops social skills, increases positive self-image, and leads to a more full filled life.

| Sun                            | Mon                               | Tue                         | Wed | Thu                               | Fri                               | Sat  |
|--------------------------------|-----------------------------------|-----------------------------|-----|-----------------------------------|-----------------------------------|--|
| 1                              | 2<br>Groundhog Day                | 3<br>Full Snow Moon 6:09 pm | 4   | 5<br>National Weather Persons Day | 6<br>Give Kids a Smile Day        | 7  |
| 8<br>Boy Scout Anniversary Day | 9<br>National Stop Bullying Day   | 10                          | 11  | 12                                | 13<br>Read To Your Child Great... | 14<br>Your Child Day ..Backyard Valentines Day |
| 15<br>...Bird                  | 16<br>...Count<br>President's Day | 17                          | 18  | 19                                | 20<br>Love Your Pet Day           | 21   |
| 22<br>Walk the Dog Day         | 23                                | 24                          | 25  | 25                                | 26                                | 28   |
|                                |                                   |                             |     |                                   |                                   |  |

# MARCH

## *International Year of LIGHT*

### *National Nutrition Month*

*Severe Weather Preparedness Week 1-7*

*National Agriculture Week 8-13*

*National Poison Awareness Week 15-21*



**Children's Outdoor Bill of Rights** proclaimed by Gov. Strickland & Kasich, with first ladies, Hope Taft & Frances Strickland state future citizens/leaders of OHIO - uniquely rich in natural resources - believe Ohio's children are entitled: to be physically **ACTIVE & PLAY** outside every day; have access to **SAFE/GREEN** spaces; **CONNECT** with nature & have time to **EXPLORE; DISCOVER WONDERS** of plants/animals & use **SENSES**; explore **OHIO'S DIVERSITY** of natural habitats; understand **PATTERNS & CYCLES** of nature; **EXPERIENCE** joys of **WATER** - splash, play & swim in safe/clean lakes/streams; be **IMMERSED** in nature & camp **OVERNIGHT**; and learn to **GIVE BACK** to nature...

| Sun   | Mon  | Tue | Wed  | Thu   | Fri                                     | Sat |
|---|--|-----|--|---|---|-----|
| 1   | 2<br><b>Read Across America</b>                          | 3   | 4  | 5<br><b>Girl Scout Birthday</b><br>Full Worm Moon 1:05 pm | 6<br><b>National Days of Unplugging</b> | 7   |
| 8<br><b>Genealogy Day</b><br>Daylight Savings Time Begins | 9  | 10  | 11   | 12  | 13                                      | 14  |
| 15<br><b>Buzzards Day</b>                                 | 16   | 17  | 18   | 19  | 20<br>Springs Begins                    | 21  |
| 22<br><b>World Water Day</b>                              | 23   | 24  | 25<br><b>Absolutely Incredible Kid Day</b> | 26  | 27                                      | 28  |
| 29<br><b>As Young As You Feel Day</b>                     | 30<br><b>Doctor's Day</b><br>Take a Walk in the Park Day |     |  |   |   |     |



# APRIL

Children & Nature Awareness ???

*Medication Safety Week 1 -7*

*National Environmental Educational Awareness Week 15-21*

*National Park Week 18-22*

*Safe Kids Week 23-28*



| Sun                             | Mon  | Tue | Wed | Thu  | Fri         | Sat  |
|---------------------------------|--|-----|-----|--|-------------|--|
| 1<br>April Fools Day            | 2  | 3   | 4   | 5  | 6           | 7  |
| Palm Sunday                     |  |     |     |  | Good Friday | Passover                                     |
| 8<br>Easter                     | 9  | 10  | 11  | 12   | 13          | 14   |
| 15                              | 16   | 17  | 18  | 19   | 20          | 21<br>National Global Youth                  |
| 22<br>Service Days<br>Earth Day | 23   | 24  | 25  | 26<br>Take Your Sons & Daughters To Work Day | 27          | 28<br>Go Birding Day<br>Spring Astronomy Day |
| 29                              | 30<br>National Take Back Prescription Drug Day |     |     |  |             |  |

# MAY JANUARY

*American Wetlands & National Preservation*

## MAY

*National Family Week 6-12*

*National Transportation Week 8-14*

*National Bike to Work Week 14-18*

*National Backyard Games Week 21-25*

*National Safe Boating Week 20-26*



| <b>Sun</b>                | <b>Mon</b>                | <b>Tue</b> | <b>Wed</b>  | <b>Thu</b>                    | <b>Fri</b>                          | <b>Sat</b>  |
|---------------------------|---------------------------|------------|---|-------------------------------|-------------------------------------|---|
|                           |                           | 1          | 2   | 3                             | 4                                   | 5<br><i>Astronomy Day</i>   |
| 6                         | 7                         | 8          | 9   | 10                            | 11                                  | 12<br><i>International Migratory Day</i>  |
| 13<br><i>Mother's Day</i> | 14                        | 15         | 16  | 17<br><i>Bike to Work Day</i> | 18<br><i>Endangered Species Day</i> | 19<br><i>Armed Forces Day</i>   |
| 20                        | 21                        | 22         | 23  | 24                            | 25                                  | 26<br><i>Sierra Club Day</i>  |
| 27                        | 28<br><i>Memorial Day</i> | 29         | 30<br><i>National Senior Health &amp; Fitness Day</i> | 31                            |                                     |  |

# JUNE

## Great Outdoors & National Camping Month

National Sun Safety Week 5-11

Universal Father's Week 19-25

Lightning Safety Awareness Week 24-30



| Sun                       | Mon                | Tue                     | Wed | Thu           | Fri                   | Sat                                 |
|---------------------------|--------------------|-------------------------|-----|---------------|-----------------------|-------------------------------------|
|                           |                    |                         |     |               | 1                     | 2                                   |
|                           |                    |                         |     |               | When is Ascension Day | National Trails Day                 |
| 3                         | 4                  | 5                       | 6   | 7             | 8                     | 9                                   |
|                           |                    | World Environment Day   |     |               |                       | Shavuot                             |
| 10                        | 11                 | 12                      | 13  | 14            | 15                    | 16                                  |
|                           |                    | Ride the Wind Day       |     | Flag Day      |                       |                                     |
| 17                        | 18                 | 19                      | 20  | 21            | 22                    | 23                                  |
| Father's Day              | Family History Day | In-Family Awareness Day |     | Summer Begins |                       | Great American Backyard Campout Day |
| 24                        | 25                 | 26                      | 27  | 28            | 29                    | 30                                  |
| Celebration of Senses Day |                    | America Kids Day        |     |               |                       | Meteor Day                          |
|                           |                    |                         |     |               |                       |                                     |



# JULY

## National Parks & Recreation Month

*Freedom Week 4-10*



| Sun | Mon                      | Tue                         | Wed                   | Thu | Fri | Sat   |
|-----|--------------------------|-----------------------------|-----------------------|-----|-----|---|
| 1   | 2<br>Made in the USA Day | 3                           | 4<br>Independence Day | 5   | 6   | 7<br>Father –Daughter<br>Take a Walk  |
| 8   | 8                        | 9                           | 10                    | 11  | 12  | 13  |
| 14  | 15                       | 16<br>Global Hug Your Child | 17                    | 18  | 19  | 20<br>Moon<br>Day<br><br>First of Ramadan   |
| 21  | 22<br>Parent’s Day       | 23                          | 24                    | 25  | 26  | 27  |
| 28  | 29                       | 30                          | 31                    |     |     |  |

# AUGUST

## *Pedestrian Safety*

*Exercise With Your Child Week 6-12*

*National Farmers' Week 5-11*



| Sun                           | Mon                              | Tue                       | Wed                                  | Thu | Fri               | Sat |
|-------------------------------|----------------------------------|---------------------------|--------------------------------------|-----|-------------------|-----|
|                               |                                  |                           | 1<br><i>Respect for Parents' Day</i> | 2   | 3                 | 4   |
| 5<br>Friendship Day           | 6                                | 7<br>American Family Day  | 8                                    | 9   | 10<br>S'Mores Day | 11  |
| 12<br>International Youth Day | 13                               | 14                        | 15<br>Assumption Day                 | 16  | 17                | 18  |
| 19                            | 20                               | 21<br>Senior Citizens Day | 22                                   | 23  | 24                | 25  |
| 26<br>International Bat Night | 27<br>National Safe at Home Week | 28                        | 29<br>More Herbs Less Salt Day       | 30  | 31                |     |



# SEPTEMBER

## Diversity & Cooperation Awareness Month

*National Nutrition Week 1-7*

*National Take A Child Outside Week 24-30*

*Keep Kids Creative Week 23-30*



| Sun  | Mon                        | Tue | Wed   | Thu                     | Fri  | Sat  |
|--|----------------------------|-----|---|-------------------------|--|--|
|  |                            |     |   |                         |  | 1  |
| 2  | 3<br><b>Labor Day</b>      | 4   | 5   | 6                       | 7  | 8  |
| 9<br><b>National Grandparents Day</b>  | 10                         | 11  | 12  | 13                      | 14   | 15<br><b>Coastal Clean Up Pollution Prevention</b>               |
| 21   | 22<br><b>Autumn Begins</b> | 23  | 24<br><b>OHIO LEAVE NO CHILD INSIDE DAY</b><br><i>Family Day &amp; A Day To Eat Dine With Your Kids</i> | 25<br><b>Yom Kippur</b> | 21<br><b>International Day of Peace</b>                  | 22<br><b>National Public</b>                                     |
| 23   | 24                         | 25  | 26  | 27                      | 28<br><b>Appleseed Day</b><br><b>Native American Day</b> | 29<br><b>Lands Day</b><br><b>Family Health &amp; Fitness Day</b> |
| 30   |                            |     |   |                         |  |  |

# OCTOBERJANUA

## *Diversity & Cooperation Awareness*

*Fire Prevention Week 9-15*


*National School Lunch Week 9-15*

*National Chemistry Week 16-22*

*Red Ribbon Week 24-28*

*Give Wildlife A Break Week 31-11/6*



| Sun | Mon   | Tue                                | Wed                                 | Thu | Fri | Sat   |
|-----|---|------------------------------------|-------------------------------------|-----|-----|---|
|     | 1<br><i>Fall Astronomy Day</i><br><i>Child Health Day</i> | 2<br><i>World Farm Animal Day</i>  | 3<br><i>World Animal Day</i>        | 4   | 5   | 6<br><br><i>Yom Kippur</i>  |
| 7   | 8<br><br><i>Columbus Day</i>                              | 9                                  | 10                                  | 11  | 12  | 13<br><br><i>Sukkot</i>   |
| 14  | 15<br><br><i>White Cane Safety Day</i>                    | 16<br><br><i>National Boss Day</i> | 17                                  | 18  | 19  | 20<br><br><i>Sweetest Day</i>   |
| 21  | 22<br><br><i>Make a Difference Day</i>                    | 23                                 | 24<br><br><i>United Nations Day</i> | 25  | 26  | 27  |
| 28  | 29  | 30                                 | 31<br><br><i>Halloween</i>          |     |     |  |

# NOVEMBER

## *Family Stories/Military Family Appreciation*

*Give Wildlife A Break Week 10/31-11/6*

*National Family Week 22-26*

*National Game & Puzzle Week 1-27*



**Day Light Savings  
Time Ends**

**Election Day**

**All Saints' Day**

**All Souls' Day**

***National  
Day of  
Play***

**Veterans Day**

***World  
Diabetes  
Day***

***Children 's  
Day***

**Thanksgiving Day**





# DECEMBER

## Universal Human Rights Month

*Tolerance Week 1-7*

*National Hand Washing Awareness Week 6-12*

*Christmas Bird Count 6-1/5*

*Universal Human Rights Week 10-17*



|    | Mon  | Tue                      | Wed            | Thu | Fri | Sat   |
|----|--|--------------------------|----------------|-----|-----|---|
|    |  |                          |                |     |     | 1   |
| 2  | <i>Special Education Day</i>                     | 3                        | 4              | 5   | 6   | 7   |
|    |  |                          | Pearl Harbor   |     |     | Pearl Harbor Day, 1941  |
| 9  | <i>Worldwide Candle Lighting Day</i><br>Hanukkah | 10                       | 11             | 12  | 13  | 14  |
|    |  | <i>Human Rights Day</i>  |                |     |     | 15  |
|    |  |                          |                |     |     | <i>Bill of Rights Day</i>   |
| 16 |  | 17                       | 18             | 19  | 20  | 21  |
|    |  |                          |                |     |     | <i>World Peace Day</i><br><i>Winter Solstice</i>                                      |
|    |  | <i>Universal Hour of</i> |                |     |     | 22  |
| 23 |  | 24                       | 25             | 26  | 27  | 28  |
|    |  | <i>Peace Day</i>         |                |     |     | <i>Winter Begins</i>  |
| 30 | 31   |                          |                |     |     | 29  |
|    |  | Christmas                | Kwanzaa Begins |     |     |  |

# MAY

*World Day of  
Laughter*

*Children's  
Mental Health  
Awareness  
Day*

May Day

National Teacher's Day

Mother's Day

*Bike to Work Day*

*Bike to Work Day*

*National  
Senior  
Health & Fitness  
Day*

Memorial Day

*Astronomy  
Day*

*International  
Migratory Day*

Nurses Day

*Endangered  
Species Day*

*Bike to*

Armed Forces Day

*Sierra Club  
Day*







